

COACHING RESOURCES

T. LISKEVYCH - 2020

GENERAL RESOURCES

- 1) **The Art of Coaching Volleyball Website** – theartofcoachingvolleyball.com
- 2) **Volleyball Organizations**
 - A. Federation of International Volleyball (FIVB) – fivb.com
 - B. United States Volleyball Association (USAV) – teamusa.org
 - C. American Volleyball Coaches Association (AVCA) – avca.org
 - D. Junior Volleyball Coaches Association (JVA) – jvavolleyball.org
- 3) **FloSports Volleyball** – flovolleyball.tv
- 4) **Championship Performance** – championshipperform.com
a monthly newsletter edited by John Sikes. \$99 per year – code AOC-VB – for \$10 off. info@championshipperform.com Tel. 704-321-9198
- 5) **Jeff Janssen** – janssensportsleadership.com
- 6) **Championship Coaches Network** – championshipcoachesnetwork.com
- 7) **What Drives Winning** – Brett Ledbetter – whatdriveswinning.com
- 8) **Ted Talks** – ted.com
- 9) **Project Play – Aspen Institute** – aspenprojectplay.org
- 10) **Changing the Game – John O’Sullivan** – changingthegameproject.com
- 11) **Compete to Create** – Michael Gervais (Pete Carroll) – competetocreate.net
- 12) **John C. Maxwell** - johnmaxwell.com
- 13) **Human Kinetics Publishers** – humankinetics.com
Champaign, Illinois started by Rainer Martens – U of Illinois sports psychologist.
- 14) **Awareness Test** – Moonwalking Bear – youtube.com/watch?v=47LCLoidJh4
- 15) **Learning Styles** – The VARK – active-learning-site.com – Assessing how a person learns best – Visual, Aural, Read/Write, Kinesthetic.
- 16) **Volleyball Statistics** – Rotate 123/Solo Stats – solostats123.com
- 17) **Video/software**
 - **Coach’s Eye** – coacheseye.com
 - **Dartfish** – dartfish.com
 - **MVP Cast** – mvpcast.com

BIBLIOGRAPHY/REFERENCES

The Books that have influenced me:

- **Captain's Leadership Manual.** Jeff Janssen, 2007. Winning the Mental Game: Cary, NC.
- **Coaching – The Art and the Science.** Dave Chambers, 1997. Key Porter Books: Toronto, Ontario.
- **Coaching Better Every Season - A Year-Round System for Athlete Development and Program Success.** Wade Gilbert, 2017. Human Kinetics, Champaign, IL
- **How to Build and Sustain a Championship Culture.** Jeff Janssen, 2015. Winning the Mental Game: Cary, NC.
- **The Development and Control of Behavior in Sport and Physical Education.** Brent Rushall & Daryl Siedentop, 1972. Lea & Febiger: Philadelphia, PA.
- **The Edge.** Howard E. Ferguson, 1990 (Revised Edition). Getting the Edge Company: Cleveland, OH.
- **The Fifth Down.** Neil Amdur, 1971. Coward, McCann & Geoghegan, Inc.: NY, NY.
- **Finding the Winning Edge.** Bill Walsh (with Brian Billick and James Peterson), 1998. Sports Publishing, Inc.: Champaign, IL.
- **Game On – The All-American Race to Make Champions of Our Children.** Tom Farrey, 2008. ESPN Books, NY, NY.
- **Gender and Competition – How Men and Women Approach Work and Play Differently.** Kathleen J. DeBoer, 2004, Coaches Choice: Monterey, CA.
- **The Inner Game of Tennis.** W. Timothy Gallwey, 1974. Random House: New York, NY. Paperback Edition – Random House: New York, NY, 2008.
- **InSideOut Coaching.** Joe Ehrmann (with Paula Ehrmann and Gregory Jordan), 2011. Simon & Schuster; NY, NY.
- **Legacy – 15 Lessons in Leadership.** James Kerr, 2013. Constable & Robinson, Ltd.: London.
- **Mental Toughness Training for Sports.** James E. Loehr, 1986. The Stephen Greene Press: Lexington, MA.
- **Play Practice: Engaging and Developing Skilled Plaers from Beginner to Elite.** Alan G. Launder, 2013 (2nd Edition). Human Kinetics Publishers: Champaign, IL.
- **Psyching for Sport.** Terry Orlick, 1986. Human Kinetics Publishers: Champaign, IL.

- **In Pursuit of Excellence.** Terry Orlick, 1980 (Fourth Edition, 2008). Human Kinetics Publishers: Champaign, IL.
- **Range – Why Generalists Triumph in A Specialized World.** David Epstein, 2019. Riverhead Books: New York, NY.
- **Successful Coaching.** Rainer Martens, 2012. (Fourth Edition). Human Kinetics Publishers: Champaign, IL.
- **They Call Me Coach.** John Wooden (as told to Jack Tobin), 1972. Word Books: Waco, TX.
- **Training Soccer Champions.** Anson Dorrance (with Tim Nash), 1996. JTC Sports: Burlington, NC.
- **The Trillion Dollar Coach.** Eric Schmidt, Jonathan Rosenberg and Alan Eagle, 2019. HarperCollins: New York, NY.

Books on Performance Psychology & General Coaching that Should Be in Your Library!

- **The Best Tennis of Your Life – 50 Mental Strategies for Fearless Performance.** Jeff Greenwald, 2007. Betterway Books (F+W Publications, Inc.): Cincinnati, OH.
- **Bringing Out the Best in People.** Aubrey Daniels, 2000. McGraw-Hill, New York, NY.
- **Catch Them Being Good.** Tony DiCicco and Colleen Hacker (with Charles Salzberg), 2002. Viking – Penguin Group: NY, NY.
- **Championship Performance Coaching – Volumes I & II.** John Sikes, Jr. – Editor, 2016. Championship Performance: Charlotte, NC.
- **The Education of a Coach.** David Halberstam, 2005. Hyperion Books, New York, NY.
- **How to Coach Girls.** Mia Wenjen and Alison Foley, 2018. Audrey Press, Maryville, TN.
- **The Power of Habit - Why We Do What We Do in Life and Business.** Charles Duhigg, 2012. Random House Publishing, New York, NY.
- **Mindset – The New Psychology of Success.** Carol Dweck, 2006. Random House, Inc.: NY, NY.
- **The New Toughness Training for Sports.** James E. Loehr, 1994. Dutton (Penguin Group): NY, NY.
- **Peak – Secrets from the Science of Expertise.** Anders Ericsson and Robert Pool, 2016. Houghton Mifflin Harcourt: New York, NY.
- **The Score Takes Care of Itself – My Philosophy of Leadership.** Bill Walsh with Steve Jamison and Craig Walsh, 2009. Penguin Group, New York, NY.

- **The Sports Gene – Inside the Science of Extraordinary Athletic Performance.** David Epstein, 2013, Current (published by the Penguin Group): New York, NY.
- **Talent is Never Enough.** John C. Maxwell, 2007. Thomas Nelson Publishers: Nashville, TN.
- **The Talent Code.** Daniel Coyle, 2009. Bantam Dell, division of Random House: New York, NY.
- **Win Forever.** Pete Carroll with Yogi Roth and Kristoffer A. Garin, 2010. Portfolio: New York, NY.

COACHING RESOURCES – BOOKS – TOP 40

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BOOK REFERENCES – TOP 40

- **A Fresh Season – Insights into Coaching, Leadership and Volleyball.** Terry Pettit, 2013. Walsworth Publishing Co.: Marceline, MO.
- **Above the Line – Lesson in Leadership and Life from a Championship Season.** Urban Meyer with Wayne Coffey, 2015. Penguin Press, New York, NY.
- **The Best Tennis of Your Life – 50 Mental Strategies for Fearless Performance.** Jeff Greenwald, 2007. Betterway Books (F+W Publications, Inc.): Cincinnati, OH.
- **Bringing Out the Best in People.** Aubrey Daniels, 2000. McGraw-Hill, New York, NY.
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- **Mindset – The New Psychology of Success.** Carol Dweck, 2006. Random House, Inc.: NY, NY.
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- **Peak – Secrets from the Science of Expertise.** Anders Ericsson and Robert Pool, 2016. Houghton Mifflin Harcourt: New York, NY.
- **Play Practice: Engaging and Developing Skilled Players from Beginner to Elite.** Alan G. Launder, 2013 (2nd Edition). Human Kinetics Publishers: Champaign, IL.
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