



*RUNNING A  
SUCCESSFUL HIGH  
SCHOOL  
VOLLEYBALL  
PROGRAM*

# A LITTLE BIT ABOUT YOUR CLINICIAN...

- 23 years coaching HS Girl's Volleyball
- Career Record of 369-144
- Coached at Garden Spot HS (20 years) and Wilson HS (3 years)
- Current Division Lead for East Coast Power VBC (Susquehanna Div. - 5 years)
- Current owner and director of the Summer Volleyball Academy
- Personal Volleyball Trainer
- Health and PE teacher (24 years)



# *Whole Program Vision/Philosophy*

**CHAMPIONSHIPS –  
Collegiate Volleyball  
Players – Successful  
Adults**

**Coaching/Practice/Competition:  
Hire and Train good MS coaches and  
HS assistants, Practices must be  
comprehensive and intense, Schedule  
should be demanding yet appropriate**

**Off season (Summer)  
(Team Camp, Skills Camps, School Sponsored  
Camp, Outdoor Doubles)**

**Club Volleyball - 12-17's  
(In House AAU, Local USA, Elite Travel)**

**Elementary Program  
(Clinics – Recreation/Instructional Programs – Camps)**

**\*\*Recruit athletes to compete with soccer, field hockey, lacrosse and basketball**

# SELECTION OF A COACHING STAFF

---

- This is a vital part of developing a solid HS program. You must select individuals who will be LOYAL, DEPENDABLE and KNOWLEDGEABLE. You can't do it all by yourself...you must have people who can help teach things in your absence at the elementary level and middle school level as well as having good people around you at the HS level who can challenge you and help build your program around your vision.
- 



# ELEMENTARY CLINIC/SUMMER CAMPS

Once your staff is complete...you must get to work ASAP at developing from the ground up. Running an elementary clinics as well as summer camps for your youth helps recruit younger athletes and gets them exposed to volleyball! This is also how you get them playing more competitively at an earlier age!



# MIDDLE SCHOOL V.B... A VITAL STEPPING-STONE TO SUCCESS...

- - Be involved with the team selection/practice planning and team dynamics of your MS program. Let your coach's coach...but...be sure they are following your plan, culture, tactics and program norms.
- The biggest influence you should have at this level is in setter selection...who and why you choose to be setter is critical...
- Meet with parents regarding club volleyball...give them options...prioritize what clubs are better than others...be involved in getting your kids placed...



# GET YOUR KIDS PLAYING IN THE OFFSEASON CLUB VOLLEYBALL/GRASS-BEACH DOUBLES

- This is the next step to build your program after hiring a great staff and instituting a solid feeder program (elementary/middle school programs).
- Encourage your kids to ALL play as much as they can between the end of your season and the start of the next.
- Club VB-Doubles-Camps



# CULTURE... COMPETITIVE PRACTICES... COMPETITIVE SCHEDULE... COMPETITIVE TOURNAMENTS...

- Once you have it rolling...culture is of paramount importance to getting where you want to go. Develop a mission statement and program norms...Follow them consistently.
- Plan detailed/competitive practices that challenge your kids. Practices should always be harder than matches.
- Schedule a tough non-league and tournament schedule.







This Photo by Unknown Author is licensed under [CC BY-SA](https://creativecommons.org/licenses/by-sa/4.0/)



## MAKE IT FUN!!!

- Take them on trips!
- Do things as a group!
- Team bonding!



**WIN CHAMPIONSHIPS AND SEND SUCCESSFUL  
ADULTS OUT INTO THE WORLD!!!**